



Add in Positive Discipline Strategies:

Using the same time of day you chose to focus on for Environment and Positive Behaviors, practice identifying which of the 7 discipline strategies you should use when different types of challenging behaviors occur.

Use the table below to record the type of challenging behavior, feeling and need you are trying to address and what behavior changes you observe.

Challenging Behaviors You Are Targeting:

Feelings and Needs Behind Behavior:

Discipline Strategy Used	Behavior Changes/Improvements <i>What is the child learning?</i>

Change is hard. Stay connected and support one-another:

My Text Buddy: Name _____, Phone Number: _____