

Supporter Name: \_\_\_\_\_ Teacher Name: \_\_\_\_\_ Date Given: \_\_\_\_\_

*"Today you are you, that is truer than true.*

*There is no one alive who is Youer than YOU!" ~Dr. Seuss*

**I'd love to know more about you so I can be the type of supporter YOU need me to be.**

**Please use back of page if you'd like to expand on any of the questions. Thank you.**

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1. My least favorite work chore is (*i.e. sweeping, folding blankets, cleaning bottles*)  
\_\_\_\_\_
2. My most hectic time of day is between \_\_\_\_:\_\_\_\_ and \_\_\_\_:\_\_\_\_
3. One of my top strengths that helps me be a good a teacher is \_\_\_\_\_.
4. I'm really good at \_\_\_\_\_.
5. I would love some expert advice on \_\_\_\_\_.
6. If I could hire a classroom assistant, I would have them \_\_\_\_\_.
7. My top 3 favorite candies and/or snacks are:  
1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
8. I'm always in need of this classroom material: \_\_\_\_\_
9. What brings you joy or "fills your bucket" on a daily/weekly basis? (*i.e. reading, playing with your dog, watching sports, etc.*): \_\_\_\_\_
10. Consider you are having a stressful and chaotic day at work. Rank the following responses where **5= this would cheer me up the most** and **1= this would cheer me up the least**  
\_\_\_ A co-worker offers to watch your class so you can take an extra 15 minute break  
\_\_\_ Your supervisor reassures you that you are doing great job. Gives you a smile and says "It's just one of those days! Hang in there!"  
\_\_\_ Someone secretly drops off your favorite drink and snack on your desk  
\_\_\_ A co-worker gives you advice on how to handle the chaos/stress a little better based on his/her experience in similar situations  
\_\_\_ Someone tells you a funny joke, inspirational quote or does something else to lighten the mood and make you laugh  
Other?: \_\_\_\_\_

(turn page over →)

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How can I support you the most when I visit your classroom?:

How do you learn new skills best? (i.e. Hands-on exercise? Reading/studying on your own?  
Observing others?)

What else would you like me to know about you?

