Health and Safety Checklist for Early Care and Education Programs:

Based on *Caring for Our Children* National Health and Safety Performance Standards, Third Edition

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CALIFORNIA CHILDCARE HEALTH PROGRAM

Developed by the California Childcare Health Program
Funded by the UCSF School of Nursing
2014

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University of California San Francisco (UCSF) School of Nursing
2014

The UCSF CCHP Health and Safety Checklist Development Team is grateful to the many individuals who shared their expertise and spent considerable time developing this Checklist.

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PILOT STUDY
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Child Care Center: _____

Classroom: _____

Classroom type (infant/toddler, preschool): _____

Date: (month/day/year) __ __/ __ __ / __ __ __ __

Observer Name: _____

Time Begin: __ __:__ __AM/PM

Time End: __ __:__ __AM/PM

Ratings:

Code	Meaning	Definition
1	Never	None of the components of the item are met.
2	Sometimes	Less than or 50% (≤50%) of the components in the item are met.
3	Usually	More than 50% (>50%) but less than 100% of the components in the item are met.
4	Always	Every component in the item is met (100%).
NA	Not Applicable	The item is not applicable (NA) to the classroom/program. Explain why it is rated NA in the 'notes' section.
N Op	No Opportunity to Observe	There was no opportunity (N Op) to observe this item. Explain why it is rated N Op in the 'notes' section.

Notes:

- An asterisk (*) means you may need to talk to the director or a staff member to ask where to find an item or product.
- At the end of each subscale there is a space to list and rate other related standards and/or regulations that may apply.
- When a field/box is shaded grey, the rating choice is not an option.

This checklist does not cover all health and safety concerns or replace each child care program's responsibility to meet local, state, and federal health and safety requirements.

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FACILITIES: Emergencies, Medications, Equipment and Furnishings

Emergencies

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
1. A sign-in/sign-out system tracks who (other than children) enters and exits the facility. It includes name, contact number, purpose of visit (for example, parent/guardian, vendor, guest, consultant) and time in and out. (Std. 9.2.4.7)	1 ○	2 ○	3 ○	4 ○		
NOTES						
2. Phone numbers to report child abuse and neglect (Child Protective Services) are clearly posted where any adult can easily see them. (Std. 3.4.4.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
3. Phone number for the Poison Center is posted where it can be seen in an emergency (for example, next to the phone). (Stds. 5.2.9.1, 5.2.9.2)	1 ○	2 ○	3 ○	4 ○		
NOTES						
4. Fire extinguishers are inspected annually. Check date on fire extinguisher tag. (Std. 5.1.1.3)	1 ○	2 ○	3 ○	4 ○		
NOTES						
5. Each building or structure has at least two unobstructed exits leading to an open space at the ground floor. (Std. 5.1.4.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
6. A smoke detector system or alarm in working order is in each room or place where children spend time. (Std. 5.2.5.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
7. Carbon monoxide detectors are outside of sleeping areas. (Std. 5.2.9.5)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
8. *First aid supplies are well-stocked in each location where children spend time. (Std. 5.6.0.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
9. *First aid supplies are kept in a closed container, cabinet or drawer that is labeled. They are stored out of children's reach and within easy reach of staff. (Std. 5.6.0.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
10. *A well-stocked first aid kit is ready for staff to take along when they leave the facility with children (for example, when going on a walk, a field trip or to another location). (Std. 5.6.0.1)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						

Medications

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
11. *Medications are stored in an organized fashion and are not expired. They are stored at the proper temperature, (for example, in the refrigerator or at room temperature according to instructions) out of children's reach and separated from food. (Std. 3.6.3.2)	1	2	3	4	NA	
NOTES						
12. *Over-the-counter medications are in the original containers. They are labeled with the child's name. Clear written instructions from the child's health care provider are with the medication (excluding non-prescription sunscreen, insect repellent, and diaper cream). (Stds. 3.6.3.1, 3.6.3.2)	1	2	3	4	NA	N Op
NOTES						
13. *Prescription medications are in their original, child resistant container, labeled with child's name, date filled, prescribing health care provider's name, pharmacy name and phone number, dosage, instructions, and warnings. (Stds. 3.6.3.1, 3.6.3.2)	1	2	3	4	NA	N Op
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1	2	3	4		N Op
NOTES						

Equipment and Furnishings — Indoors and Outdoors

14. There is fresh air provided by windows or a ventilation system. There are no odors or fumes (for example, mold, urine, excrement, air fresheners, chemicals, pesticides.) (Stds. 5.2.1.1, 3.3.0.1, 5.2.8.1)	1	2	3	4		
NOTES						
15. Windows accessible to children open less than 4 inches or have window guards so that children cannot climb out. (Std. 5.1.3.2)	1	2	3	4	NA	
NOTES						
16. There are no unvented gas or oil heaters or portable kerosene space heaters. (Std. 5.2.1.10)	1			4		
NOTES						
17. Gas cooking appliances are not used for heating purposes. Charcoal grills are not used indoors. (Std. 5.2.1.10)	1			4	NA	
NOTES						
18. Portable electric space heaters are not used with an extension cord and are not left on when unattended. They are placed on the floor at least three feet from curtains, papers, furniture and/or any flammable object and are out of children's reach. (Std. 5.2.1.11)	1	2	3	4	NA	N Op
NOTES						
19. All electrical outlets within children's reach are tamper resistant or have safety covers attached by a screw or other means that cannot be removed by a child. (Std. 5.2.4.2)	1	2	3	4	NA	
NOTES						
20. All cords from electrical devices or appliances are out of children's reach. (Stds. 4.5.0.9, 5.2.4.4)	1	2	3	4		
NOTES						

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
21. *There are no firearms, pellet or BB guns, darts, bows and arrows, cap pistols, stun guns, paint ball guns or objects manufactured for play as toy guns visible. (Std. 5.5.0.8)	1			4		
NOTES						
22. Plastic bags, matches, candles and lighters are stored out of children's reach. (Stds. 5.5.0.7, 5.5.0.6)	1	2	3	4		
NOTES						
23. There are no latex balloons (inflated, underinflated, or not inflated) or inflated objects that are treated as balloons, (for example, inflated latex gloves) on site. (Stds. 6.4.1.5, 6.4.1.2)	1			4		
NOTES						
24. Bathtubs, buckets, diaper pails and other open containers of water are emptied immediately after use. (Std. 6.3.5.2)	1	2	3	4	NA	
NOTES						
25. Children do not play in areas where there is a body of water unless a caregiver/teacher is within an arm's length providing "touch supervision". Bodies of water include tubs, pails, sinks, toilets, swimming pools, ponds, irrigation ditches, and built-in wading pools. (Std. 2.2.0.4)	1			4	NA	N Op
NOTES						
26. Hot liquids and food (more than 120°F) are kept out of children's reach. Adults do not consume hot liquids in child care areas. (Std. 4.5.0.9)	1	2	3	4		
NOTES						
27. Equipment and play areas (including water play areas) do not have the following: sharp points or corners; splinters; glass; protrusions that may catch a child's clothing (for example, nails, pipes, wood ends, long bolts); flaking paint; loose or rusty parts; small parts that may become detached or present a choking, aspiration, or ingestion hazard; strangulation hazards (for example, straps or strings); or components that can snag skin, pinch, sheer, or crush body tissues. (Stds. 5.3.1.1, 6.2.1.9, 6.3.1.1)	1	2	3	4		
NOTES						
28. All openings in play or other equipment are smaller than 3.5 inches or larger than 9 inches. There are no rings on long chains. (Stds. 6.2.1.9, 5.3.1.1)	1	2	3	4		
NOTES						
29. All openings in play or other equipment are smaller than 3/8 of an inch or larger than 1 inch. (Std. 6.2.1.9)	1	2	3	4		
NOTES						
30. Climbing equipment is placed over and surrounded by a shock-absorbing surface. Loose fill materials (for example, sand, wood chips) are raked to maintain proper depth/distribution. Unitary shock-absorbing surfaces meet current ASTM International standards and/or CPSC Standards. http://www.astm.org/Standards/F2223.htm, http://www.cpsc.gov//PageFiles/122149/325.pdf (Std. 6.2.3.1, Appendix Z)	1	2	3	4	NA	N Op
NOTES						
31. Fall zones extend at least 6 feet beyond the perimeter of stationary climbing equipment. (Std. 6.2.3.1)	1	2	3	4	NA	N Op
NOTES						
32. Equipment and furnishings are sturdy and in good repair. There are no tip-over or tripping hazards. (Std. 5.3.1.1)	1	2	3	4		
NOTES						

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Equipment and Furnishings — Indoors and Outdoors — *Continued*

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
33. There is no hazardous equipment (for example, broken equipment, lawn mowers, tools, tractors, trampolines) accessible to children. (Std. 5.7.0.4, 6.2.4.4)	1 ○			4 ○		
NOTES						
34. Open sides of stairs, ramps, porches, balconies and other walking surfaces, with more than 30 inches to fall, have guardrails or protective barriers. The guardrails are at least 36 inches high. (Std. 5.1.6.6)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
35. Children one year of age and older wear helmets when riding toys with wheels (for example, tricycles, bikes) or using any wheeled equipment (for example, rollerblades, skateboards). Helmets fit properly and meet CPSC standards. Children take off helmets after riding or using wheeled toys or equipment. (Std. 6.4.2.2)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						

Equipment and Furnishings — Outdoors Only

36. Children play outdoors each day. Children stay inside only if weather poses a health risk (for example, wind chill factor at or below minus 15°F, heat index at or above 90°F). (Std. 3.1.3.2)	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						
37. Outdoor play areas are enclosed with a fence or natural barriers that allow caregivers/teachers to see children. Openings in fences and gates are no larger than 3.5 inches. (Std. 6.1.0.8)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						
38. Enclosures outside have at least two exits, one being remote from the building. (Std. 6.1.0.8)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						
39. Each gate has a latch that cannot be opened by children. Outdoor exit gates are equipped with self-closing, positive latching closure mechanisms that cannot be opened by children. (Std. 6.1.0.8)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						
40. Shade is provided outside (for example, trees, tarps, umbrellas). Children wear hats or caps with a brim to protect their faces from the sun if they are not in a shaded area. (Std. 3.4.5.1)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						
41. Broad spectrum sun screen with SPF of 15 or higher is available for use. (Std. 3.4.5.1)	1 ○			4 ○		
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						

SUPERVISION, INTERACTION and ACTIVITY

Interaction and Physical Activity

Age	Maximum Child: Staff Ratio	Maximum Group Size
≤12 months	3:1	6
13-35 months	4:1	8
3-year-olds	7:1	14
4-year-olds	8:1	16
5-year-olds	8:1	16

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
42. Ratios: Indoors: Time (hour/min): ____ /____ Ages of children observed: (check all that apply) ☐12 months ☐years ☐years ☐years ☐5+ years # of children ____ # of staff ____ child/staff ratio: ____:____ (Std. 1.1.1.2) For Family Child Care Programs, see CFOC3 Stds. 1.1.1.1, 1.1.1.2	1			4		
NOTES						
43. Ratios: Outdoors: Time (hour/min): ____ /____ Ages of children observed: (check all that apply) ☐12 months ☐years ☐years ☐years ☐5+ years # of children ____ # of staff ____ child/staff ratio: ____:____ (Std. 1.1.1.2) For Family Child Care Programs, see CFOC3 Stds. 1.1.1.1, 1.1.1.2	1			4		N Op
NOTES						
44. Caregivers/Teachers directly supervise children by sight and hearing at all times. This includes indoors, outdoors and when children are sleeping, going to sleep or waking up. (Std. 2.2.0.1)	1	2	3	4		
NOTES						
45. Caregivers/Teachers encourage positive behavior and guide children to develop self-control. Caregivers/Teachers model desired behavior. "Time out" is only used for persistent, unacceptable behavior. (Std. 2.2.0.1)	1	2	3	4		
NOTES						
46. Caregivers/Teachers support children to learn appropriate social skills and emotional responses. There are daily routines and schedules. (Std. 2.2.0.6)	1	2	3	4		
NOTES						
47. There is no physical or emotional abuse or maltreatment of a child. There is no physical punishment or threat of physical punishment of a child. (Std. 2.2.0.9)	1			4		
NOTES						
48. Caregivers/Teachers do not use threats or humiliation (public or private). There is no profane or sarcastic language. There are no derogatory remarks made about a child or a child's family. (Std. 2.2.0.9)	1	2	3	4		
NOTES						
49. Children are not physically restrained unless their safety or that of others is at risk. (Std. 2.2.0.10)	1			4		
NOTES						
50. Physical activity/outdoor time are not taken away as punishment. (Std. 2.2.0.9)	1			4		
NOTES						
51. Children engage in moderate to vigorous physical activities such as running, climbing, dancing, skipping and jumping. All children (including infants) have opportunities to develop and practice gross motor and movement skills. (Std. 3.1.3.1)	1	2	3	4		
NOTES						

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Interaction and Physical Activity — *Continued*

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
52. There are structured or adult-led physical activities and games that promote movement for children. (Std. 3.1.3.1)	1	2	3	4		
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1	2	3	4		N Op
NOTES						

Nutrition: Eating and Drinking

53. Individual children's food allergies are posted where they can be seen in the classroom and wherever food is served. (Std. 4.2.0.10)	1	2	3	4	NA	
NOTES						
54. Children two years of age and older are served skim or 1% milk. (Std. 4.9.0.3)	1	2	3	4	NA	N Op
NOTES						
55. Drinking water is available, indoors and outdoors, throughout the day for children over 6 months of age. (Std. 4.2.0.6)	1	2	3	4		
NOTES						
56. A variety of nourishing foods is served at meals and snacks. Nourishing foods include fruits, vegetables, whole and enriched grains, protein and dairy. (Std. 4.2.0.3)	1	2	3	4	NA	N Op
NOTES						
57. Foods that are choking hazards are not served to children under 4 years of age. This includes hot dogs and other meat sticks (whole or sliced into rounds), raw carrot rounds, whole grapes, hard candy, nuts, seeds, raw peas, hard pretzels, chips, peanuts, popcorn, rice cakes, marshmallows, spoonfuls of peanut butter or chunks of meat larger than can be swallowed whole. (Std. 4.5.0.10)	1			4		
NOTES						
58. Children are always seated while eating. (Std. 4.5.0.10)	1	2	3	4		
NOTES						
59. Food is not used or withheld as a bribe, reward, or punishment. (Std.2.2.0.9)	1			4		
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1	2	3	4		N Op
NOTES						

SANITATION: Personal Hygiene, Environmental Health

Personal Hygiene — Handwashing

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
60. Situations or times that children and staff should perform hand hygiene are posted in all food preparation, hand hygiene, diapering, and toileting areas. (Std.3.2.2.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
61. Handwashing Procedures — *Staff* – Moisten hands with water and apply soap (not antibacterial). – Rub hands together into a soapy lather for 20 seconds. – All hand surfaces are washed including fronts and backs and between fingers from wrists to finger tips. – Hands are rinsed with running water and dried with a paper or single use cloth towel. (Std. 3.2.2.2)	1 ○	2 ○	3 ○	4 ○		
NOTES						
62. Handwashing Procedures — *Children* Children wash their hands or have their hands washed. – Moisten hands with water and apply soap (not antibacterial). – Rub hands together into a soapy lather for 10 to 20 seconds. – All hand surfaces are washed including fronts and backs and between fingers from wrists to finger tips. – Hands are rinsed with running water and dried with a paper or single use cloth towel. (Std. 3.2.2.2)	1 ○	2 ○	3 ○	4 ○		
NOTES						
63. Caregivers/Teachers help children wash their hands when children can stand but cannot wash their hands by themselves. Children's hands hang freely under the running water either at a child level sink or at a sink with a safety step. (Std. 3.2.2.3)	1 ○	2 ○	3 ○	4 ○		
NOTES						
64. Adults and children only use alcohol-based sanitizers as an alternative to handwashing with soap and water, if hands are not visibly soiled. Hand sanitizers are only used for children over 24 months with adult supervision. (Stds. 3.2.2.2, 3.2.2.3)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						

Personal Hygiene — Toothbrushing

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
65. When toothbrushes are present, they are not worn or frayed. Fluoride toothpaste is present. (Std. 3.1.5.1)	1	2	3	4	NA	
NOTES						
66. *Except in the case of children who are known to brush their teeth twice a day at home, caregivers/ teachers brush children's teeth or monitor tooth brushing activities at least once during the hours that the child is in child care. (Std. 3.1.5.1)	1	2	3	4	NA	N Op
NOTES						

Food Safety/Food Handling

67. The food preparation area of the kitchen is separate from eating, play, laundry, toilet, bathroom, and diapering areas. No animals are allowed in the food preparation area. (Std. 4.8.0.1)	1	2	3	4	NA	
NOTES						
68. The food preparation area is separated from child care areas by a door, gate, counter, or room divider. (Std. 4.8.0.1)	1			4	NA	
NOTES						
69. There is no home-canned food or food in cans without labels. Food from dented, rusted, bulging or leaking cans is not used. (Std. 4.9.0.3)	1	2	3	4	NA	
NOTES						
70. Meat, fish, poultry, milk, and egg products are refrigerated or frozen before use. Refrigerators have a thermometer and are kept at 41°F or lower. (Std. 4.9.0.3)	1	2	3	4	NA	
NOTES						
71. Meat product labels state they are from government-inspected sources and/or dairy product labels state that they are pasteurized. (Std. 4.9.0.3)	1	2	3	4	NA	N Op
NOTES						
72. All fruits and vegetables are washed thoroughly with water prior to use. (Std. 4.9.0.3)	1	2	3	4	NA	N Op
NOTES						
73. Store bought fruit juice labels state the juice is pasteurized. Fruit and vegetable juices squeezed on-site are squeezed just prior to serving. (Std. 4.9.0.3)	1	2	3	4	NA	
NOTES						
74. Food surfaces (for example, dishes, utensils, dining tables, high chair trays, cutting boards) and/or objects intended for the mouth (for example, pacifiers and teething toys) are sanitized. A dishwasher is used or an EPA registered sanitizer is used according to label instructions for sanitizing. (Std. 3.3.0.1)	1	2	3	4		
NOTES						

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
75. Kitchen equipment is clean and in working order. Food surfaces are in good repair and free of cracks and crevices. Food surfaces are made of non-porous, smooth material and are kept clean and sanitized. (Std. 4.8.0.3)	1	2	3	4	NA	N Op
NOTES						
76. There are no cracks or holes in walls, ceilings, floors or screens. (Std. 5.2.8.1)	1	2	3	4		
NOTES						
77. There is no clutter, trash, water damage, standing water or leaking pipes. Pest breeding areas are not on site. (Std. 5.2.8.1)	1	2	3	4		
NOTES						
78. Objects and surfaces are kept clean of dirt, debris and sticky films. (Std. 3.3.0.1)	1	2	3	4		
NOTES						
79. Hard, non-porous surfaces soiled with potentially infectious body fluid (for example, toilets, diaper changing tables) are disinfected. An EPA registered disinfectant is used according to label instructions. (Std. 3.3.0.1)	1	2	3	4		N Op
NOTES						
80. There are disposable gloves available for handling blood and blood-containing body fluids. (Std. 3.2.3.4)	1			4		
NOTES						
81. *Infectious waste (for example soiled diapers, blood) and toxic waste (for example, used batteries, fluorescent light bulbs) are stored separately from other waste. (Stds. 5.2.7.6, 5.2.9.1)	1	2	3	4		N Op
NOTES						
82. Sanitizing and disinfecting are not done when children are nearby. (Std. 3.3.0.1)	1	2	3	4		N Op
NOTES						
83.*Pesticides are not applied when children are present. (Std. 5.2.8.1)	1	2	3	4		
NOTES						
84. *Toxic substances are stored in the original, labeled containers. Material Safety Data Sheets (MSDS) are on site for each toxic substance/chemical. (Std. 5.2.9.1)	1	2	3	4	NA	N Op
NOTES						
85. *Toxic substances are inaccessible to children and stored in a locked room or cabinet when not in active use. Bleach solutions are labeled with contents and date mixed. (Stds. 5.2.9.1, 5.2.8.1, 3.2.3.4)	1	2	3	4		
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1	2	3	4		N Op
NOTES						

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POOLS, SPAS and HOT TUBS

Does this program have a pool, spa or hot tub or other water hazard?
Yes: ◯ If yes, complete the items below. No: ◯ If no, go to the Infants and Toddlers Section.
This facility has the following water hazards: (check all that apply)
☐ Swimming Pool ☐ Hot Tub ☐ Stationary Wading Pool ☐ Pond ☐ Other_____

Developmental Levels	Child: Staff Ratios
Infants	1:1
Toddlers	1:1
Preschoolers	4:1
School-age Children	6:1

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
86. Ratios: Ages of children observed: (check all that apply) ☐ ≤12 months ☐ 1 year ☐ 2 years ☐ 3 years ☐ 4 years ☐ 5+ years Location_____ Time of Day (hour/min): ____ /____ # of children ____ # of staff ____ child/staff ratio: ____:____ (Std. 1.1.1.5)	1 ◯			4 ◯		N Op ◯
NOTES						
87. All outdoor water hazards are enclosed with a fence at least 4-6 feet high that comes within 3½ inches from the ground. Exits and entrances around bodies of water have self-closing, positive latching gates or doors. The locking devices are a minimum of 55 inches from the ground or floor. (Stds. 6.1.0.6, 6.3.1.1)	1 ◯	2 ◯	3 ◯	4 ◯		N Op ◯
NOTES						
88. When not in use, in-ground and above-ground swimming pools, spas, hot tubs or wading pools are covered with a safety cover. The cover meets the ASTM International standards. (Std. 6.3.1.4)	1 ◯			4 ◯	NA ◯	N Op ◯
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1 ◯	2 ◯	3 ◯	4 ◯		N Op ◯
NOTES						

INFANTS and TODDLERS: Personal Relationships, Diapering, Injury Prevention

Are there children under 36 months of age in this program?
Yes: ◯ If yes, complete the items below. No: ◯ If no, you have completed the Checklist.

Infants and Toddlers — Personal Relationships

89. Caregivers/Teachers smile, talk, touch, hold, sing and/or play with children during daily routines, such as diapering, feeding and eating. (Std. 2.1.2.1)	1 ◯	2 ◯	3 ◯	4 ◯		
NOTES						
90. Caregivers/Teachers comfort children who are upset. Caregivers/Teachers are aware of and respond to children's feelings. (Std. 2.1.2.1)	1 ◯	2 ◯	3 ◯	4 ◯		
NOTES						

Infants and Toddlers — Diapering

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
91. Caregivers/Teachers follow diaper changing procedures below: – Caregiver/Teacher has one hand on the child at all times. – Non-absorbent paper liner, large enough to cover the changing surface from the child's shoulders to beyond the child's feet, is used. – Clothing is removed or otherwise kept from contact with the contents of the diaper during the change. – Child is cleaned of stool and urine, front to back, with a fresh wipe for each swipe. – Soiled diapers placed in a plastic-lined, covered, hands-free can. – If reusable cloth diapers are used, soiled diaper is put in a plastic bag or into a plastic-lined, hands-free covered can. – A fresh wipe is used to clean the hands of the caregiver and another fresh wipe to clean the hands of the child before putting on a new diaper and dressing the child. – The child's hands are washed according to the procedure in item #62 before returning the child to a supervised area. – Diaper changing surface is cleaned and disinfected with an EPA registered disinfectant after each diaper change. – Disinfectant is put away, out of children's reach. – Caregivers'/Teachers' hands are washed after diapering procedure is complete according to the procedure in item #61. (Stds. 3.2.1.4, 3.2.3.4)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						
92. Current diaper changing procedures as listed in item #91 are posted in the diaper changing area(s). (Std. 3.2.1.4)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						

Infants and/or Toddlers — Injury Prevention

93. Strings, cords, ribbons, ties and straps long enough to encircle a child's neck are out of children's reach. (Std. 3.4.6.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
94. The following are not within children's reach: small objects, toys, and toy parts that have a diameter less than 1¼ inch and a length between 1 inch and 2¼ inches; balls and toys with spherical, egg shaped, or elliptical parts that are smaller than 1¾ inches in diameter; toys with sharp points and edges; plastic bags; Styrofoam® objects; coins; rubber or latex balloons; safety pins; marbles; magnets; foam blocks, books, or objects; latex gloves; bulletin board tacks or glitter. (Std. 6.4.1.2)	1 ○	2 ○	3 ○	4 ○		
NOTES						
95. Securely installed, guards (for example, gates) are at the top and bottom of each open stairway where infants and toddlers are in care. (Std. 5.1.5.4)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
96. Children over 12 months of age who can feed themselves are actively supervised by a caregiver/teacher. The caregiver/teacher is within arm's reach of the child's high chair or feeding table or is seated at the same table. (Std. 4.5.0.6)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
97. Foods that are choking hazards are not served to toddlers. Food for toddlers is served in pieces ½ inches or smaller. (Std. 4.5.0.10)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						

Infants and/or Toddlers — Injury Prevention — *Continued*

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						

INFANTS ONLY: Activity, Sleep, Safety, Nutrition

Are there infants under 12 months of age in this program?
Yes: ○ If yes, complete items below No: ○ If no, you have completed the Checklist.

Infants Only — Activity, Sleep, Safety

98. Sunscreen is not applied to infants 6 months of age or younger. Infants less than 6 months of age are not in direct sunlight. (Std. 3.4.5.1)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						
99. Infants have supervised tummy time while awake at least once each day. (Std. 3.1.3.1)	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						
100. Infants are not seated more than 15 minutes at a time except during meals. (Std. 3.1.3.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
101. All infants are placed to sleep on their backs, in a crib, on a firm mattress, with a tightly fitting sheet. Only one infant is placed in each crib. (Std. 3.1.4.1)	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						
102. Soft or loose bedding and other objects are kept away from sleeping infants and are not in safe sleep environments (for example, not in cribs). This includes bumpers, pillows, positioners, blankets, quilts, bibs, diapers, flat sheets, sheepskins, toys and stuffed animals. One-piece blanket sleepers may be used for warmth. (Std. 3.1.4.1)	1 ○	2 ○	3 ○	4 ○		
NOTES						
103. The room temperature where infants sleep is comfortable for a lightly clothed adult. (Std. 3.1.4.1)	1 ○			4 ○		
NOTES						
104. Infants who fall asleep any place that is not a crib are moved and placed to sleep on their backs in a crib. Examples of places where infants may not be left to sleep are car seats, high chairs, swings, infant seats, beanbag chairs, and futons. (Std. 3.1.4.1)	1 ○			4 ○		N Op ○
NOTES						
105. *Cribs meet the current guidelines approved by CPSC and ASTM International standards. Crib slats are spaced no more than 2 3/8 inches apart. The crib has a firm mattress that is fitted so that no more than two fingers can fit between the mattress and the crib side in the lowest position. Cribs with drop sides are not used. Cribs are placed away from window blinds or draperies. (Std. 5.4.5.2)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
106. Infants mobile enough to potentially climb out of a crib sleep on cots or mats. (Std. 5.4.5.2)	1 ○	2 ○	3 ○	4 ○	NA ○	N Op ○
NOTES						

	Never	Sometimes	Usually	Always	Not Applicable	No Opportunity
107. Bottles or containers with mother's milk are labeled with the infant's full name, date and time the milk was expressed. Mother's milk is stored in the refrigerator or freezer. (Std. 4.3.1.3)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
108. Bottles of formula prepared from powder or concentrate or ready-to-feed formula are labeled with the child's full name and the time and date of preparation. (Std. 4.3.1.5)	1 ○	2 ○	3 ○	4 ○	NA ○	
NOTES						
109. If caregivers/teachers warm bottles and infant foods, bottles are warmed under running warm tap water or by placing in a container of water no warmer than 120°F. Bottles and infant foods are not thawed or warmed in microwave ovens. The temperature of warmed milk does not exceed 98.6 F. (Stds. 4.3.1.3, 4.3.1.9)	1 ○	2 ○	3 ○	4 ○		
NOTES						
110. Infants are not fed solid foods sooner than 4 months (preferably 6 months). Introductory foods are single ingredient. (Std. 4.3.1.11)	1 ○			4 ○	NA ○	N Op ○
NOTES						
111. Infants who are learning to feed themselves are actively supervised by a caregiver/teacher. Infants are seated within arm's reach of caregiver/teacher at all times while being fed or eating. (Std. 4.5.0.6)	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						
112. Foods that are choking hazards are not served to infants. Food for infants is served in pieces ¼ inch or smaller. (Std. 4.5.0.10)	1 ○			4 ○		N Op ○
NOTES						
List and rate other federal, state, local and/or accreditation standards/regulations that may apply:						
	1 ○	2 ○	3 ○	4 ○		N Op ○
NOTES						

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