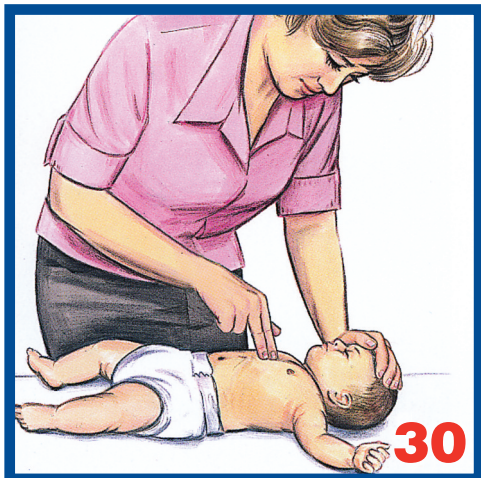


HEARTSAVER®

Infant Choking

(Birth to 1 year)

American Heart Association 
Learn and Live®



■ Recognize choking:

- Cannot cry or make normal sounds
- Silent cough
- Breathing with high-pitched noises
- May look blue, frightened

- Give **5 back slaps**: Hold the infant facedown and support the jaw and head

- Give **5 chest thrusts**: Turn the infant over while supporting the head

- Alternate **5 back slaps** and **5 chest thrusts** until

- Object comes out
- or**
- Infant can cry forcefully
- or**
- Infant stops responding

- If the infant stops responding

- Begin steps of **CPR**
- Each time you open the airway, **look for the object** (remove it if seen)
- After 5 cycles, **phone 911**
- Resume CPR until infant starts to move or EMS rescuers take over



Provided by

**NORTHERN KENTUCKY
INDEPENDENT DISTRICT
HEALTH DEPARTMENT**
www.nkyhealth.org

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